



THAT SUGAR FILM



Opening in Select Theaters and On Demand Friday, July 31st 2015

Written and Directed By
DAMON GAMEAU

Produced By
NICK BATZIAS

Starring

DAMON GAMEAU
STEPHEN FRY
BRENTON THWAITES
ISABEL LUCAS
JESSICA MARAIS

ZOE TUCKWELL-SMITH
DAVID GILLESPIE
DR DEBBIE HERBST
SHARON JOHNSTON
DR KEN SIKARIS

Running time: 94 Mins
Not Rated

Website: www.that-sugar-film.com

Facebook: www.facebook.com/that-sugar-film

To download press notes and photography, please visit:

www.press.samuelgoldwynfilms.com

USERNAME: press / PASSWORD: golden!

SHORT SYNOPSIS:

THAT SUGAR FILM is one man's journey to discover the bitter truth about sugar. Damon Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as 'healthy'. Through this entertaining and informative journey, Damon highlights some of the issues that plague the sugar industry, and where sugar lurks on supermarket shelves. THAT SUGAR FILM will forever change the way you think about 'healthy' food.

LONG SYNOPSIS:

It's the most dominant food in the world. How has sugar infiltrated our diet and culture? What effect is it having on our minds and bodies?

THAT SUGAR FILM is one man's journey to discover the bitter truth about sugar. Damon Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as 'healthy'. Through this entertaining and informative journey, Damon highlights some of the issues that plague the sugar industry, and where sugar lurks on supermarket shelves. THAT SUGAR FILM will forever change the way you think about 'healthy' food.

THAT SUGAR FILM investigates how sugar has infiltrated our diet and culture, what it is doing to our health and how we can develop an arm's length relationship with it. In sweeping away the illusions and clarifying the facts about sugar, the film aims to educate and create long lasting dietary change both in Australia and internationally.

The heart of the film lies with the host and 'human lab rat', Damon Gameau. Damon hasn't eaten sugar for three years. Under the guidance of a team of scientists and nutritionists, he eats a high sugar diet of 40 teaspoons of sugar a day for 60 days. The catch is that he does this without consuming any soft drinks, chocolate, ice cream or confectionery. He only eats the perceived 'healthy' foods that are in fact laden with hidden sugars like low fat yogurt, muesli bars, juices and cereals.

While conducting this experiment Damon heads to the Aboriginal community of Amata in South Australia to look at sugar's effects on indigenous health and what steps are being taken to educate and engage the locals.

He then heads to the USA to meet the world's leading experts on the topic of sugar, plus meet a boy who has a condition called 'Mountain Dew Mouth' from regularly drinking 12 cans of the soft drink per day.

He investigates the manipulation of the food companies in placing sugar into their products and the belligerent campaigns that have taken place to keep any awareness about the dangers of sugar out of the public's view.

DIRECTOR'S STATEMENT:

We live in very confusing nutritional times; health advocates, close friends and the media all have different opinions on a whole range of foods. Sugar seems to get a fair bit of attention lately and the camps on its effects are quite divided. There really seemed like only one thing to do. We can read or listen or study all we like about a subject but in the end all we ever have is our own experience. This film is about sharing my sugar experience.

The heart of this film revolves around what happened to my mind and body when I embarked on a high sugar diet for 60 days and filmed it. The diet consisted of 40 teaspoons of sugar a day found in our food and drinks, a figure just above the daily teenage average. The key factor was that I achieved the 40 teaspoons without having any soft drink, ice cream, chocolate or confectionery. I only ate foods that most people would believe to be free of sugar and are often marketed as healthy. These included low fat yogurts, muesli bars, 'healthy' cereals, fruit juices, sports drinks and smoothies. I had a team of doctors and scientists monitoring my every turn.

As I noticed the changes in my body during the experiment, I then looked to the science to help explain it. I traveled across America and interviewed the leading experts, meeting some fascinating characters on the way and learning some industry secrets.

This is not a film that insists people should quit sugar. This film is about bringing more awareness to a substance that now finds itself in around 80% of our processed foods. Given this ubiquity, it warrants a closer look.

Sadly the effects of sugar are coated with a history of industry game playing and manipulation. I have experienced it myself in the making of the film and have had close scientist friends, with enormous integrity, suffer similar tactics. Freedom of choice only comes with freedom of information and I think people should be fully aware of the effects of sugar so they can then be free to make the choice about how much they consume.

The caliber of scientists and people I interviewed was a highlight of the adventure. Some have been looking at the effects of sugar for 30 years, some are in the middle of the largest sugar study ever conducted and others have invented famous sugary products. One scientist even confessed to being employed by Coca Cola; he doesn't think sugar is a problem.

There is such a growing awareness now that a new article appears every day which links sugar to

various diseases. This growing new evidence needs to be conveyed through an informative, inspiring, entertaining and accessible feature documentary film.

Just as Super Size Me colorfully told us something about a food we already had a hunch was bad for us, so too THAT SUGAR FILM will vibrantly educate the world on the dangers of sugar and fructose.

The sugar eating experiment will provide the through-line for the film. The emotions and experiences I was having will link us to the areas we need to examine more closely. For example, as I increased my sugar intake and began to crave it more, I headed to Oregon, was fed a milkshake inside a brain scan and then demonstrate the results by using cutting edge animation techniques to show me climbing into my own brain and explaining to the audience what effect sugar had on it.

The results of my experiment were very disturbing, especially given my diet was what many people would believe to be healthy. Within 3 weeks I had developed fatty liver disease and by the end I had early type 2 diabetes, heart disease risks and 11cm of extra girth around my mid-drift. This all came from eating no fat and less calories than before I started. I am now convinced that the dangers of sugar are very real and the calories from sugar behave differently to any other food. This is now being accepted in many academic circles but the message urgently needs to be shared with the public. The film will also provide helpful advice from our experts as to how to effectively reduce sugar consumption.

During the film, and while I am eating 40 teaspoons a day, I take the audiences on a trip to a remote Indigenous community where the people there ask me on camera to remove sugar from their town as they believe it is killing their people. The town of Amata has just 350 people and those people drink 40,000 liters of soft drink per year between them.

I meet Michael Moss in New York, author of 'Sugar Salt Fat. How The Food Giants Got Us Hooked' and learn of the amount of money and time spent by the processed food industry to get consumers hooked on sugar. We meet ex food scientists from these companies and are even taken through the process of finding sugar's 'bliss point' where the goal is to create a flavor that " isn't too sweet, but enough to keep a customer coming back for more."

This opens up a whole section looking at advertising, consumer manipulation and accountability for a sick population.

I head to Barbourville, Kentucky and spend a few days with a dentist who drives around in a mobile

dental clinic and treats the local impoverished kids for free who have a condition he has coined 'Mountain Dew Mouth'. Kids as young as 2 are drinking 5 to 6 cans of Pepsi's Mountain Dew a day. In a 1.25 liter bottle there are 37 teaspoons of sugar and 50% more caffeine than Coke. We watch as a 17 year old boy has 26 of his teeth removed.

I was given special access to documents that reveal the tactics the sugar industry has used over the past 30 years. Tactics that has kept the public in the dark and involve government lobbying, the paying of scientists and a forceful campaign against anyone who speaks out against the sugar. I interviewed one of these paid scientists.

Despite its seriousness, the tone of the film will always have a light and humorous touch. Oscar Wilde said **"If you want to tell people the truth, you have to make them laugh or they'll kill you."**

The timing is was so right to make this film. People are starting to hear rumblings about the potential dangers of sugar and fructose. The education and entertainment levels will walk hand in hand and the film will appeal to both adults and children. This is vital information we all need to learn to improve our lives.

I feel we have achieved our goal of making a unique viewing experience. We didn't create a straightforward documentary, but something more. A music clip, bold color palettes, wonderful animations, rock n' roll music and star cameos.

We see this film being shown in all countries of the world and taking an important place in every school library on the planet.

"Sugar isn't evil, but life is just so much sweeter without it." – Kathleen Des Maisons

-DAMON GAMEAU

BUT WHY?

Apart from climate change, or perhaps who the best 'One Direction' singer is, there is not a more hotly debated, opinionated or 'Instagrammed' topic on the planet than nutrition. Trying to find answers, especially if you're looking online, can often feel like you're wading through a mass of contradictions and confusion fuelled by inscrutable scientific data, food faddists and vitriolic comments. It's hard to know whether bread is a friend or an enemy anymore, dairy is scary but butter is better and what about feta? There are even some foods that have graduated from being just foods: they are now 'super foods'.

Health advocates, the media, food bloggers, and friends – it seems everyone has a different opinion on what we should or shouldn't eat.

Amid all the debate though, there is one ingredient that seems to be the current favourite of the nutritional paparazzi. It's that sweet little enhancer we love to sip, sprinkle, spoon and salivate over – sugar.

Over the past few years, sugar has dominated the headlines, with plenty of speculation and bickering over its effects on our health, both physically and mentally. With my better half, Zoe and I expecting our first child, the topic seemed more important than ever so I decided I needed to get some definitive answers.

We can read all we like about a subject but in the end all we ever have is our own experience. This film is about sharing my sugar experience.

I would spend 60 days on a high-sugar diet consuming 40 teaspoons of sugar a day. 'You're a lunatic!' I hear you cry – but "the scary fact is that 40 teaspoons of sugar is only marginally above the daily teenage average" is my reply.

There would be a twist, however. Unlike the average teenager, I would only eat perceived 'healthy' foods – foods generally believed to be low in or free from sugar. So, no soft drink, chocolate, ice-cream or confectionary. Instead my diet would be made up of low-fat yoghurts, cereals, muesli bars, juices and sports drinks: all of which are full of 'hidden sugar'.

During the experiment I was monitored by a team of doctors and scientists. I also embarked on a sugar-fuelled adventure across Australia and the US, filming the whole thing for a feature

documentary film. I met some wonderful characters, interviewed the world's leading experts on sugar, significantly changed my body shape and learnt more about this little white substance than I ever thought I would.

I went into this adventure without knowing what to expect. Some of what I learnt was pretty frightening – but it has changed my life and subsequently the life of my child. My hope is that in some small way it might change yours too.

THE RULES

- I must consume 40 teaspoons of sugar a day for 60 days.
- These must be 'hidden' sugars found in 'healthy' foods and drinks, such as breakfast cereals, muesli bars and juices.
- So no soft drinks, ice-cream, confectionary or chocolate
- The sugar must consist of sucrose and fructose specifically, whether they are 'added' or naturally occurring. Despite carbohydrates like bread breaking down to a type of sugar in the body, they will not be counted
- I must always choose low-fat foods
- I must maintain my exercise routine: three laps of my long, steep garden twice a week and ten minutes in my homemade gym (this consists of dumbbells made of two 20-litre water bottles and a tent pole. In your face, Fitness First!)

DAMON'S GO-TO EMERGENCY FOODS

Try any of the following foods to help banish cravings:

- A spoonful of coconut oil
- A handful of pecans, macadamias, walnuts or almonds
- A scoop of avocado
- A sip of apple cider vinegar (foul, but does the job)
- A warm sweet potato
- A piece of cheese
- A glass of L-Glutamine powder (this helps the neuro transmitters in the brain to alleviate cravings.)

INSPIRING QUOTES FROM CONTRIBUTORS

“Our love of medications is like trying to run a car on the wrong fuel and putting an additive in it to make it run well. Trying to get academia away from drug treatment back to nutrition and to use the right fuel has been a very hard task. Often the simple answers can seem boring, old world and unsophisticated, but they work.” Dr Simon Thornley (University of Auckland)

When you walk into a supermarket turn left or right, avoid the middle, all foods in middle are high calorie with no nutrients, we need to reverse that.” David Wolfe (Raw food expert and nutritionist)

“My experience is that some people in the food industry are also troubled about what they see in society. But from a sugar perspective there is nothing left to put sugar into, that train has run.”
Danielle R. Reed PhD (member Monnell Chemical Senses Centre)

“I eat a little piece of chocolate everyday but I understand the adverse effects if I eat too much of it.”
Professor Barry Popkin (University of North Carolina)

“I think it helps to know that humans crave sweet for biological reasons, it’s not a moral failing. Its how we deal with excess.” Danielle Reed

“Do whatever it takes to turn fruit and vegetables into the highlight of your meal and train your kids to love them, they may leave for the teenage years, but they will come back and they will thank you.” **Kimber Stanhope (University of California, Davis)**

“I dream I go into a gas station one day and at least half of the foods are healthy. I always think that when kids go into those stores they think that’s what food looks like, it isn’t what food looks like.”
Kimber Stanhope (University of California, Davis)

AFTERTHOUGHT

The past two years of my life has involved a lot of sugar. I have experienced filling my body to capacity with it, I have dreamt about it every second night and I have read every sugar-related article or scientific study on the Internet. In fact our three-month old daughter can consider herself very lucky not to be named ‘Sugar’. I can’t even bring myself to call her ‘sweetheart’.

It actually feels like I was dating sugar all that time. She was so attractive at first, full of energy and playful, but then we moved in together and the truth began to emerge. She has very little substance. She did my head in. And she really inflicted some physical damage. I am happy to accept she wasn’t the one for me and I’m ready to move on. That doesn’t mean however that she isn’t for everyone and I’m not here to tell you who you should or shouldn’t date. But please, if you are going to spend some time with her, just make sure it’s a quick and heated affair; see her sparingly and on special occasions and whatever you do, do not take her back to your house! She has a habit of getting very

comfortable and moving in quickly. She'll sweet-talk your kids – they'll love having her around and before you know it you will be powerless to her charms. I can categorically say that I am a better man without her and although she may still send me a text every now and again, I have learnt not to respond.

If I could summarise my entire experience in a few words it would be: YOU ARE WHAT YOU EAT. I had heard this phrase so many times before but now I know what it means at a very deep level. If we all truly understood these words, we would be living on a far healthier planet. Sugar is a quick fix. It is a false energy rush and it affects the way we perceive the world and interact with others. If you want to experience the true depth of relationships, of work satisfaction, of the joyous and healthy life that is available to you, sugar should be off the menu.

This is our one precious moment to live. What if we could halve the time we spend counting calories, sweating in the gym to maintain weight, or popping a variety of pills, just by removing or limiting certain sugars? By educating our kids, we can change the paradigm. Our purpose should be to pass on wisdom to the next generation so they can live happier lives than us. The current view is that this generation will be the first in history to live shorter lives than their parents. That's a tragedy.

Many debates will surface on this topic in the years to come. Studies will emerge from both sides and the sugar; food and beverage industries are likely to pull out a few more tricks yet. The thing to remember though is that the companies only have the power because we give it to them. We can choose what we eat. At present high-sugar foods are the cheaper option, but if we can steer away from them as a collective, the companies will shift to suit our demands. And remember, I spend the same amount now at the supermarket as I did during the experiment because I am buying foods with healthy fats that fill me up. Who knows what savings I may be making on future medical bills?

For now, just try it for yourself. Try being aware of your sugar consumption and lowering it for a while. See if it affects your state of mind, improves your wellbeing or changes you physically. All we ever have is our own experience so why not start now? In my experience, removing sugar is not a fad diet or a weight loss trend - it is a complete life-changer.

I want to emphasise that this is certainly not a film demanding people to quit sugar. I just feel that people should know about its full effects so they are armed with knowledge and can then freely determine the amount they wish to consume. Freedom of choice only comes with freedom of information. Some people may still be able to have sugar in small amounts and that's great... I know

that I can't. – I'll just want more. Also, I've learnt that I'll get the right amount of sugar I need where it naturally occurs, with fibre, in whole foods and vegetables.

For me the detrimental effects of refined sugar and excess fructose were very real. The proof is in my liver and the other changes to my mind and body; the proof is in an increasingly overweight and sick population relying on medication; the proof is in a young boy who still loves the soft drink that has destroyed his teeth; and the proof is in an Aboriginal community asking to have sugar removed so they can be healthy once again. In fact, this time the proof may actually be in the pudding - about 10 teaspoons of it.

KEY BIOGRAPHIES

DAMON GAMEAU

Damon is an Australian actor and director. He has starred in several feature films, including Rolf De Heer's critically acclaimed THE TRACKER, Darren Ashton's THUNDERSTRUCK and RAZZLE DAZZLE, Robert Connolly's BALIBO opposite Anthony LaPaglia, PATRICK with Rachel Griffiths and Charles Dance and SAVE YOUR LEGS! with Stephen Curry and Brendan Cowell. Damon's performance in BALIBO earned him an AFI Award nomination for Best Supporting Actor.

His television credits include UNDERBELLY, HOWZAT, LOVE MY WAY, PUBERTY BLUES, SECRETS AND LIES, GALLIPOLI and THE KETTERING INCIDENT.

As a director he wrote, directed and performed vocals for the 2011 winning Tropfest short film, ANIMAL BEATBOX, which has now played at over 25 festivals worldwide. He was also a finalist in 2010 with his film, ONE, which he co-directed with Gareth Davies.

THAT SUGAR FILM is Damon's first feature length film and THAT SUGAR BOOK is his first published book.

STEPHEN FRY

Writer, actor, comedian, doer of good works, excellent good friend to the famous and not. In 1984, Fry was engaged to do the rewrite of the Noel Gay musical "Me and My Girl," which made him a millionaire before the age of 30. It also earned him a nomination for a Tony award in 1987. Throughout the 1980s, Fry did a huge amount of television and radio work, as well as writing for newspapers (e.g. a weekly column in the "Daily Telegraph") and magazines (e.g. articles for "Arena"). He is probably best known for his television roles in Black-Adder II (1986) and Jeeves and Wooster (1990).

His support of the Terence Higgins Trust through events such as the first "Hysteria" benefit, as well as numerous other charity efforts, are probably those works of which he is most proud. Fry's acting career has not been limited to films and television. He had successful runs in Alan Bennett's "Forty Years On," Simon Gray's "The Common Pursuit" with John Sessions, Rik Mayall, John Gordon Sinclair, and others. Michael Frayn's "Look Look" and Gray's "Cell Mates" were less successful for both Fry and their playwrights, the latter not helped by his walking out of the play after only a couple of weeks. Fry has published four novels as well as a collection of his radio and journalistic miscellanea. He has recorded audiotapes of his novels (an unabridged version of "The Liar" was released in 1995), as well as many other works for both adults and children.

ISABEL LUCAS

Isabel was always involved in drama during her time at school. She went on to study drama at the Victorian College of Arts and Queensland University of Technology. She never auditioned for roles until she was discovered by her agent in 2002. She auditioned for the part of Kit Hunter on 'Home

and Away' (1988). They felt she wasn't right for the part but were sufficiently impressed and created a new role for her, Tasha. She spent 3 years playing her first television role and won a Logie Award (for new popular talent) for her performance. In 2008, she moved to Los Angeles. Her breakthrough role came in Transformers: Revenge of the Fallen (2009).

BRENTON THWAITES

Brenton Thwaites is an Australian actor, best known for his roles as Luke Gallagher in the Fox8 teen drama series, SLiDE, and Stu Henderson in the Australian soap opera hit, Home and Away. His films include Blue Lagoon: The Awakening (2012), Oculus (2013), Maleficent (2014) and The Giver (2014). Brenton was born in Cairns, Queensland, to Fiona and Peter Thwaites.

JESSICA MARAIS

Jessica Marais was born on the 29th January 1985 in South Africa and moved to Perth Australia at a young age. Recently she moved to Sydney where she has a TV role as Rachel Rafter in the Australian comedy series 'Packed to the Rafters'. She has also recently appeared in the new Australian film 'Two Fists One Heart', filmed in Perth in 2007. Marais guest-starred in the American series, 'Legend of the Seeker' filmed in Auckland New Zealand, playing the role of the Mord'Sith Denna. Marais then headed to Miami, to film US drama, 'Magic City'. The series lasted two seasons.

After re-locating back to Australia, her next project was portraying Australian transgendered entertainer and activist Carlotta in the biographic telefilm for ABC which aired in 2014.

Superhero experts

DAVID GILLESPIE (aka "The Crusader")

David Gillespie is a recovering corporate lawyer, former co-founder of a successful software company and investor in several software start-ups.

He is also the father of six young children (including one set of twins). With such a lot of extra time on his hands, and 40 extra kilos on his waistline, he set out to investigate why he, like so many in his generation, was fat.

He deciphered the latest medical findings on diet and weight gain and what he found was chilling. Being fat was the least of his problems. He needed to stop poisoning himself.

His first book, *Sweet Poison*, published in 2008 is widely credited with starting the current Australian wave of anti-sugar sentiment. His most recent book, *Toxic Oil*, takes the arguments in *Sweet Poison* and extends them to the widespread use of seed oils in the modern diet.

DR DEBBIE HERBST (aka "Check-Upz")

Dr Deborah Herbst is an Australian-based health professional. Deborah is trained as a Doctor (GP) and has a practice located in St Kilda East.

PROFESSOR KEN SIKARIS (aka “Professor Blood”)

Ken Sikaris is a senior associate of the Department of Pathology and Director of Chemical Pathology at Melbourne University. He obtained Science and Medical degrees from Melbourne University in 1980 and 1984 before training as a chemical pathologist at several university hospitals. His day to day job is to supervise and interpret tens of thousands of chemical pathology results every day including thousands of HbA1c results for monitoring diabetes control. Dr Sikaris has lectured at local, national and international conferences on the topic of HbA1c. HbA1c units have changed across the world and HbA1c is now globally accepted as a diagnostic test for diabetes. This has resulted in a reappraisal of how HbA1c reflects our daily (or monthly) glucose variations and there are some important messages for interpretation of daily glucose monitoring. Finally, as a father of a teenager with type 1 diabetes, Ken has an intimate knowledge of the strengths and weaknesses of HbA1c and the daily tribulations of blood glucose monitoring.

SHARON JOHNSTON (aka “The Celtic Food Queen”)

Sharon is a nutritionist and lifestyle coach. Her enthusiasm for food and health started in my teenage years with an interest in cooking, and led to the completion of a BSc (Hon) degree in Food and Human Nutrition in the UK. After graduation, a position in food product development progressed to a successful career within the corporate environment, working predominantly as a buyer and category manager for several global retail organizations and is assistant supervisor at Endeavour College of Natural Health

Other featured experts

MICHAEL MOSS

New York Times investigative reporter and author of ‘Salt Fat Sugar- How the Food Giant Got US Hooked’ He is a professor at Columbia University and Pulitzer Prize winning author

GARY TAUBES

Harvard and Columbia graduate and best-selling author of ‘Good Calories Bad Calories’ and ‘Why We Get Fat’ and many other food books.

DR KIMBER STANHOPE

Lead researcher in 5 year study of the effects of sugar on the body at the University of California.

BARRY POPKIN

DANIELLE REED

DR JOHN SIEVENPIPER

KATHLEEN DES MAISONS

JEAN MARC SCHWARZ

KELLY BROWNELL

AARON MATHESON

HOWARD MOSKOWITZ

THOMAS CAMPBELL

DAVID WOLFE

JOHN TREGENZA

KEY CREW BIOGRAPHIES

NICK BATZIAS - PRODUCER, HEAD OF PRODUCTION MADMAN PRODUCTION COMPANY

Nick has been a participant in the film industry for most of his life, and a professional for the last 12. At Madman Entertainment, Nick works both in the assessment, acquisition and programming of films for Australia and New Zealand. In late 2012 Nick started the Madman Production Company, part of the wider Madman group of companies.

A passionate believer in film and creative development, Nick has worked with Screen Australia and State based government funding bodies, working with upcoming and established filmmakers. He has produced and executive produced both documentaries and narrative features, including AFI Award winner NOT QUITE HOLLYWOOD (2008). More recently Nick produced feature SAVE YOUR LEGS! (2012), THAT SUGAR FILM (2014) and ABC TV series WASTELANDER PANDA (2014).

EXECUTIVE PRODUCER - PAUL WIEGARD

Paul is a founder and joint Managing Director of Madman Entertainment, the leading independent theatrical, rights management and home entertainment company in Australasia and a division of Funtastic. Paul is also a board member of the Australian Video Software Distributors, the Melbourne International Film Festival and the Australian Independent Distributors Association. Paul brings an impressive depth of knowledge and experience of the entertainment industry.

JANE USHER- EDITOR

Jane Usher is a film and television editor based in Melbourne. After assistant editing on Geoffrey Wright's Romper Stomper she got her break as an editor on his subsequent feature Metal Skin. In 1999 she edited the apocryphal documentary Original Schtick for which she won an AFI award. Jane has cut many episodes of television drama, including *The Secret Life Of Us*, *Tangle* and *Offspring*, documentary series such as *Singles Club* and *Jailbirds*, and the feature documentaries *Rock N Roll Nerd* and *The Unlikely Pilgrims*.

VIRGINIA WHITWELL- CO-PRODUCER

Virginia began working in Film Production in the early 1990's, starting her career as Production Assistant on films including *101 Dalmatians* and *Tomorrow Never Dies*. After a year working in casting on *Entrapment* and Luc Besson's *Joan of Arc*, Virginia returned to production and worked on numerous features including *The Beach*, *The Mummy Returns*, *The Hours* and *Die and Another Day*. Her location work included Thailand, Spain, Germany, Turkey and Iceland. She was then invited to Production Coordinate *Star Wars Episode III – Revenge Of The Sith*, in Sydney. She has remained in Australia ever since and has worked on many projects including *Superman Returns*, *Where The Wild Things Are*, HBO's series *The Pacific* and *Bran Nue Dae*. Most recently Virginia was Co-Producer on the comedy feature *Save Your Legs!* and is now Inhouse Producer across Madman Production Company's slate of projects.

SETH LARNEY- VFX SUPERVISOR

Visual Effects Supervisor, Seth Larney, started his career working on THE MATRIX RELOADED and REVOLUTIONS, STAR WARS: REVENGE OF THE SITH, XMEN ORIGINS: WOLVERINE and STEALTH

He has worked as a technical director on many productions and has since moved into directing behind-the-scenes, drama and specialising in visual effects and post production.

Seth was the founder of Chaotic Pictures and Chaotic Post based in Sydney, working as a past supervisor, VFX supervisor, editor, producer and director on many projects from TVC's and music videos to feature films and television.